

Mount Royal Community Garden, Free the Children and Urban Fields

Presents:

Italian-Theme-Alberta Ingredients- 5-Course Dinner Fundraiser

Join us for an evening of fine dining, wine and an inspiring food presentation lead by Urban Fields founder, Steven Hornby, in support of two organizations, *Mount Royal University Community Garden* and *Free the Children*.

Tuesday, June 19th 2012
6:30 P.M. – 9:30 P.M.

This will be a great food experience, come and join us for a great cause while learning to prepare some amazing dishes using local ingredients.

Tickets are \$90/person

To order your ticket, contact Alana-Dawn by:

Phone: 403.440.8779

E-mail: a.eirikson@samru.ca

Location: THE COOKBOOK CO. COOKS

722-11 Avenue SW
Calgary, Alberta

403.265.6066

www.cookbookcooks.com

Mount Royal University (MRU) Community Garden

Founded in 2009, the MRU community garden provides an opportunity for members, students and staff to develop gardening while expanding and enhancing Mount Royal's sense of community, access to local organic food and increased food security.

Free the Children's mandate:

Through leadership training at home and community development projects abroad, Free The Children empowers youth everywhere to make a difference.

For more information see www.freethechildren.com

MENU

Appetizer

Poached Pears and Cucumber Mousse

Salad

Insalata Caprese with Maple Balsmaic Gastrique

Main

Baron of Roast Beef stuffed with Basil pesto
Served with creamy Walnut Gnocchi

Vegetarian Main

Walnut gnocchi green beans with Portobello mushrooms and just
chocolate gelato with no bacon

Amuse Bouche

Chocolate Gelato

Dessert

Tirami Su

One glass of wine, and coffee and pear/mint iced tea is included



FREE THE CHILDREN
children helping children through education



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